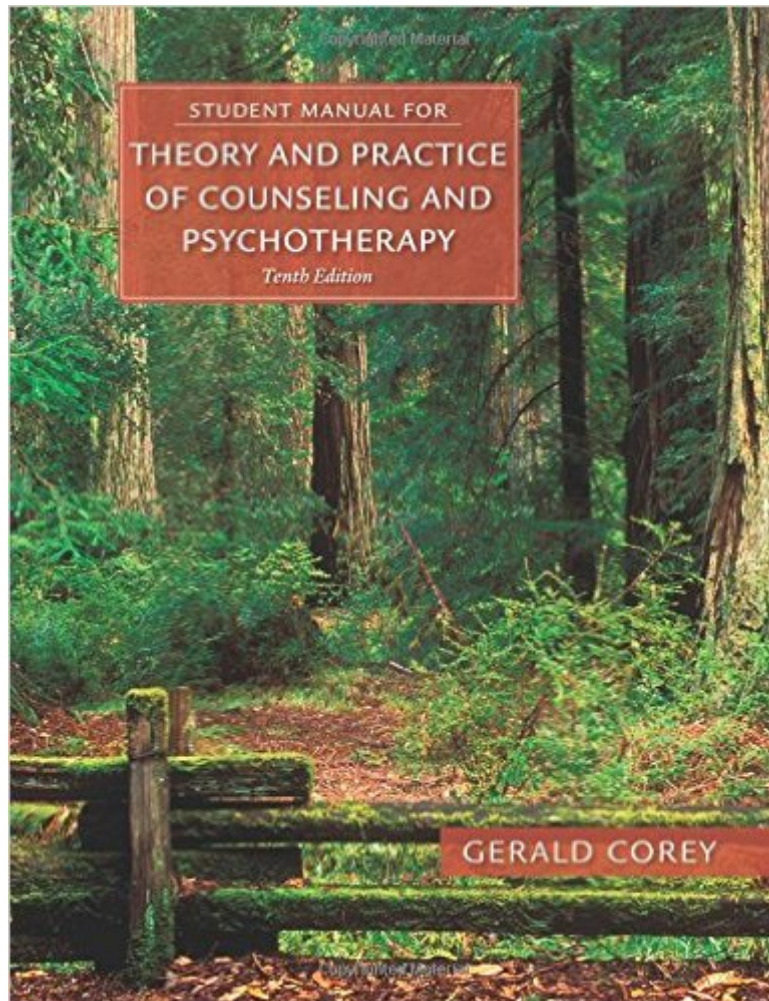


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# SM Theory & Practice Counseling & Psychotherapy



## Synopsis

This manual contains structured self-awareness exercises that help you gain a deeper self-understanding and grasp the concepts of the various approaches.

## Book Information

Paperback: 288 pages

Publisher: Brooks Cole; 10th Revised edition edition (January 1, 2016)

Language: English

ISBN-10: 1305664477

ISBN-13: 978-1305664470

Product Dimensions: 8.4 x 0.6 x 10.9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (4 customer reviews)

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## Customer Reviews

I got this for my graduate theories course- you basically speed date each theory! Well organized and goes far enough in-depth for you to get a better appreciation for each theory. My favorite is still psychoanalysis!

This is the wrong book, I'm returning it

Just as promised

Great book.

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